| DANCE STAGE   | MAIN STAGE<br>sponsored by<br>Transformation Health  | WHAT'S COOKIN' STAGE |
|---|--|----------------------|
| <b>10:45 AM</b><br>Bmore Broadway Live!<br><i>Dance &amp; Bmore</i> | <b>10:30 AM</b> THE MARCHING ELITE DRUMLINE Standard of Percussion                                   |                      |
|   | 11:00 AM Sit & Stay Fit: Chair Exercise Showcase Rachelle Cannon and Maryland Physicians Care        |                      |
| <b>11:30 AM</b><br>LINE DANCING<br><i>Spirit Feet</i>               | <b>11:30 AM</b> Zumba Dance Fitness Rozy Ali and Harford County Seniors                              |                      |
| <b>12:15 PM</b><br>Kuer Khaley African Dance                        | <b>12:00 PM</b> JUMP INTO FITNESS  Kangaroo Kids Precision Team Jump Rope                            |                      |
|   | <b>12:30 PM</b> Dance and Be FitBaltimore Style! Cranked Up Cardio                                   |                      |
| <b>1:00 PM</b> Bailes de Mi Tierra Folk Dances of Mexico            | <b>1:00 PM</b> Heat Wave Dance Hall Transformation Health  | Coming Soon!         |
| <b>1:45 PM</b><br>HBCU Dance Team<br><i>Marching Elite</i>          | <b>1:30 PM</b> Center Stage Academy of the Arts  |                      |
|   | 2:00 PM  BAM MARTIAL ARTS  DEMONSTRATION  Willie "THE BAM" Johnson &  BAM'S URBAN SPIRIT  FOUNDATION |                      |

## 2:30 PM

Carroll County Cloggers

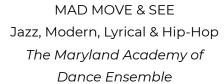
## 2:30 PM

## STEP INTO FITNESS

S.W.T.T., The Strong Women of Today and Tomorrow at Baltimore City College

## 3:00 PM

TBA



3:15 PM

